

Bayside Rowing Club Code of Conduct

Overview

The most significant aspect of Bayside Rowing Club being the largest rowing club in Canada is that Bayside Rowing Club is the second largest **youth** rowing program in Canada. Our club has made tremendous inroads in making rowing an accessible sport and an integral part of the growing experience of our younger members. We recognise that our priority is to provide a positive and wholesome experience for young people in order to enjoy the benefits of dedication, teamwork and athleticism.

Because we have a broader focus on development, we also concern ourselves with the pressures and uncertainties faced by many of our younger members. The choices they make today will impact not only their ability to participate in rowing, but also their capacity to realise their ambitions.

We also recognise that no-one is perfect, but that choices made by individuals should not negatively impact on ones crew nor on Bayside Rowing Club. Our particular concern is with any event associated with Bayside Rowing Club. We want to ensure that all of our members maintain the confidence of other club members, our members' parents, our hosts, and Bayside Rowing Club's supporters in the wider community.

Therefore, the Board of Directors has made it a priority for the club to re-iterate explicit standards of behaviour for our club members to follow. The Board of Directors asked Lynn MacDonald, our Youth Rowing representative to research and develop a comprehensive Code of Conduct. Lynn examined similar initiatives at other athletic and youth-oriented organisations in order to develop a plan of suggested inclusions in the Bayside Rowing Club codes.

The following outlines are for all of Bayside Rowing Club's members. This code is designed to explain and avoid problems at Bayside-run or Bayside-associated events. They are not designed to constrict a member's lifestyle, make decisions for them or make performance the sole purpose in ones life. However we do wish to provide:

- the athlete with a safe environment in which to train and participate;
- the opportunity to enjoy the wholesome sporting atmosphere which we all are trying to create; and
- the advantages of the confidence and support of the wider community.

Bayside Rowing Club's Code of Conduct & Athletes Agreement

General

1. Respect for all members, volunteers and coaches at Bayside.
2. For athletes to display proper behaviour at all times whether at the club or on a trip.
3. The athlete will not argue with the officials.
4. The athletes should remember that at competitions they are representing not only themselves but the club as well.
5. The athlete should respect the rules, regulations and agreements of the club.

Trips

1. The sharing of rooms will be monitored, visitors will report to the coach or chaperone and any changes in the arrangements of rooms must be cleared through the coach.
2. Curfews will be set and must be followed. Curfews can be discussed before the trip with the coach.
3. Property is not to be destroyed or damaged, whether the property is personal, private or public.
4. Alcohol and other illegal substances are not to be consumed by those under age, and those of legal age must not consume so much as to affect their performance. Illegal substances are not to be used nor is their use to be encouraged.
5. The level of noise should be kept reasonable depending on the location of stay.
6. Respect should be given to team-mates and competitors at all times.
7. Discipline can be exercised on trips by the coach which can result in the loss of privileges.
8. Parents / guardians will be made aware of the inappropriate behaviour taken during the trip and the discipline will be discussed with them.

Examples of infractions which would result in disciplinary action being taken:

1. Not reporting a medical condition to the coach.
2. Failure to arrive at practices or competition on time.
3. Missing practice without a justifiable reason.
4. Missing a curfew.
5. Not wearing the uniform or wearing inappropriate clothing during a competition.

Athletes Agreement

By signing the following the athlete agrees to abide by the following:

1. Show up for practices and competitions on time.
2. Respect all other members of the club / team.
3. Respect the coach and their decisions.
4. To volunteer at the club whenever possible (minimum of 20 hours).
5. Participate in all fundraising for the club (Novice \$100; J.V. \$250; Varsity \$500 per season; Adults \$500 per year).
6. To disclose any medical conditions to the coach.
7. Follow the guidelines of the club.
8. To not harass anyone on the basis of race, gender, sexual orientation or religion.

It is also understood these are general guidelines and that not every situation can be accounted for.

Each athlete to sign below affirming that:

I _____ acknowledge that I have read and understood the Code of Conduct and Athletes Agreement and agree to abide by the rules understanding that if I break any one of the rules disciplinary action may be taken.

Signature of Athlete _____

Signature of Parent / Guardian _____